



## Whistler Sea to Sky Multi-Sport

Hike, mountain bike, canoe and sea kayak through some of the most spectacular scenery in the world. World renowned Whistler Village lies at the heart of the Coast Mountain Range and plays home to this six day multisport adventure. Led by veteran guides Chris and Jeannie the Whistler Multisport trip is designed to show you the best of what Whistler has to offer. Each day takes us somewhere completely different as we journey from the deep rainforests of the Cheakamus Valley to the alpine meadows of Whistler Mountain to the glacial landscape of at Joffre Lakes.

Other highlights include sea kayaking in Howe Sound, introductory mountain biking in the Whistler Valley and canoeing down the River of Golden Dreams and Green lake. We will visit the secret spots and must see sights of the area. At the end of each day return to a beautiful mountain guest home where your guides will prepare excellent meals and entertain you with stories of this special place.

### Itinerary

**Day 1** Your trip begins today in Vancouver, British Columbia. Arrive anytime at the Hotel and enjoy everything that the city of Vancouver has to offer. All meals today are on your own.

**Day 2** After an early breakfast at the hotel you will meet your guides in the hotel lobby and head north to Whistler along the Sea to Sky Highway. After a few scenic stops to take in beautiful Howe Sound and the Coast mountain Range we arrive in Whistler Village just before noon. We will check into our guest house, make a lunch and then head for a hike to Cheakamus Lake. Nestled deep in the Coast Mountain Range this picturesque Lake is surrounded by an old growth forest of towering Douglas Fir, Hemlock and Western Red Cedar.

After our hike we will return back to our house and enjoy dinner in prepared by your guides. Hiking 8-10 kilometers, 100m elevation gain. Lunch and Dinner included.

**Day 3** This morning we head up Whistler Mountain via the Whistler Gondola for a full day hike high in the alpine meadows above the Whistler Valley. The ice clad peaks of the Coast Mountain Range extend to the horizon in every direction.

Hiking: 10-14 kilometers, 600m elevation gain. All meals included.

**Day 4** Today we will explore the Whistler Valley by mountain bike before paddling down the River of Golden Dreams by canoe. Afterward enjoy some free time in Whistler Village to wander and shop or take part in any number of optional activities including bungee jumping, zip trekking or horse back riding just to name a few. Mountain Biking: 2 hours, Canoeing: 2 hours. All meals included.

**Day 5** Our destination this day is Joffre Lakes. Located a 1.5 hour drive north of Whistler Village the Joffre Lakes lie below the impressive toe of the Matier Glacier. Seracs, towers of ice that make up the toe of the glacier, routinely break off the Matier Glacier and come thundering down the sheer cliffs above Upper Joffre Lake, our ultimate destination for today's hike. On return to Whistler Village enjoy diner out on your own at any one of the many fine restaurants in Whistler. Hiking: 10-12 kilometers, 400m elevation gain. Breakfast and lunch included.

**Day 6** Depending on weather and the mood of the group we will hike one of a number of trails to be chosen by your guides. Hiking: 8-14 kilometers, 400-1000m elevation gain. All meals included.

**Day 7** After packing our gear and checking out of our guest house we will head south to Squamish and join our rafting guides for a trip down the Elaho River. The Elaho is famous for it's beauty and it's Class 3 and 4 rapids. This is a full day of rafting and exploring that will surely round out a perfect trip. After rafting we will continue south returning to Vancouver by 6:00pm. Rafting: 4 hours. Breakfast and lunch included.

**Day 8** Flights from Vancouver can be booked for any time today or you may decide to stay on in Vancouver and enjoy some free tie in one of the world's most beautiful cities.

#### **Trip Cost**

\$ 1895 CAD trip price per person based on double occupancy

\$ 500 CAD Single Supplement Fee

(price is subject to 5% GST)

#### **Services Included:**

- 1 night hotel, 5 nights luxury guest house
- meals (5 breakfasts, 5 lunches, 4 dinners, trail refreshments)
- transportation from Vancouver to Whistler and return
- 1 day mountain bike and canoe rental
- sea kayaking
- all parks permits

#### **2011 Trip Date**

September 11-16

September 18-23

**Reservations:** 1-800-661-BIKE (2453) / e-mail: [res@rockymountaincycle.com](mailto:res@rockymountaincycle.com)

