



Coast Mountain X-ING

rated "TRIP OF A LIFETIME" (OUTSIDE MAGAZINE, March 2002)

A supported mountain bike expedition through British Columbia's wild Coast Mountains

Day 1: After meeting in Vancouver we will board a bush plane and fly north to Tyaughton Lake. During the flight you will get a glimpse of the wild mountain ranges that we are about to cross within the next couple of days. Upon arrival you will enjoy the comfort of a true wilderness lodge. Before dinner we have time to get bikes and equipment ready for the adventure. You also may want to take one of the canoes for a paddle on the lake.

Day 2: Today we climb through the foothills of the Coast Mountains to Mud Lakes. From here a steep ascent brings us into the pristine wilderness of the Lone Creek Valley. A beautiful single track takes us to Prentice Lake. From here we enjoy an awesome single track descent with sweeping views of the peaks of the Coast Mountains into Relay Valley.

Day 3: The longest climb of the whole tour takes us through Taylor Basin up to Taylor Pass. From here we enjoy a short but sweet descent before we tackle the hike-a-bike up to Windy Pass, the highest point on our trip. Views stretch endlessly over the vast expanse of the Coast Mountain Range. From here we get to enjoy one of the longest single track descents on this planet. After about 30k of out-of-this-world riding you are in mountain bikers heaven and our ride ends at Gun Creek.

Day 4: After a great breakfast we say goodbye to our lodge and follow Gun Creek to Jewel Bridge. From here we get to enjoy some long fast descents to Carpenter Lake. After a short rest in Gold Bridge we tackle a 10k climb up to Bralorne, a gold mining town. Dinner in the saloon is a great reward for this days work.

Day 5: Today it is a relatively easy climb on forest roads to Hurley Pass. Here we have the choice between another fast, winding descent on a forest road or "the mother of all technical single trail descents" into the Pemberton Valley. A spectacular B&B with an outdoor hot tub awaits you!

Day 6: In the morning we have to ride up the Sea to Sky Highway for a few kilometers. Soon we leave the blacktop behind us and climb up into the Soo Valley. Here we will be challenged by a very steep double track up to Cougar Mountain. At the summit a little lake invites us for a swim. Afterwards it's a quick hike-a-bike up to the mountain top where we will be riding a magic single track through some 800 year old cedars. After a long downhill we get close to the ski resort of Whistler. Those who still have energy to spare take the single trail around Green Lake, those who wish to relax in the afternoon may go straight to our lake side lodge.

Day 7: Today is your chance for a rest. Or you join us for a magic ride on the famous "A-river-runs-through-it" trail or you take the gondola to the mountain top or ... - the choices are endless!

Day 8: We cycle past golf courses and lakes before we enter a forest road to the Cheakamus River. After a snack we continue downhill along the Cheakamus river on the famous Sea to Sky trail. We will stop at thundering Brandywine Falls and take a swim at Lucille Lake before we descend through spectacular Cheakamus Canyon. A historic riverside lodge will be our destination for today.

Day 9: On the last day on our way to the ocean you will get to ride some of the most beautiful trails in the region: The Test of Metal. This technical trail snakes its way through rain forests, along rushing creeks and below huge granite rocks. You might even catch a glimpse of the snowcapped peak of a volcano. Finally we reach our final destination at Howe Sound just below magnificent Shannon Falls. The Howe Sound Brew Pub will be a fitting site for your Coast Mountain X-ing celebration. You did it!

Day 10: We will shuttle back to Vancouver where we say our goodbyes.

* * *

Services included:

- 9 nights accommodation in beautiful Lodges and B&B's
- all breakfasts, 7 lunches, 7 dinners, snacks and refreshments
- professional guiding
- flight in float plane from Vancouver to Tyaughton Lake
- luggage and bike transport
- return transportation to Vancouver

Date: Sept 20 - 29, 2009; more dates available upon request

Trip Cost: \$ 3,695 CAD
(prices are subject to 5% GST)
Rental bikes available upon request

Departure: Vancouver, B.C.

Important: This trip is for very experienced and well conditioned mountain bikers only.